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## **RHYTHMANIA**

The spirit and magic of rhythm transcends all ages, gender, religions, races, and cultures. Drum circles have the power to heal and empower, to foster unity and community, and to liberate our primal souls!

Come and experience creative expression through drumming and rhythm. You will explore a variety of drums, percussion instruments, and drum circle facilitation techniques and incorporate them into an ensemble that is truly greater than the sum of its parts. Learn to take risks, shed inhibitions, deepen your listening skills, release your passion, and come to respect silence and space, as well as sound.

Feel your innate rhythm entrain to a dominant pulse as we seek out the ultimate 'groove'. Beginners and experienced drummers alike will share in a collective celebration of life through rhythm.

**Barry** will be offering this **BONUS WORKSHOP** on **Saturday March 19** at 1 to 3:30 at the Signal North Gallery at part of *The Art Sampler Workshop Series*.

***Art is so much more than Paint, so Get Creative this March Break!!!***